<h1 style="text-align:center">Colrain Seniors 55+ Events & News September - November 2025</h1>

Foot clinic for Colrain seniors by <u>appointment only</u> on September 23 & 24; October 28 & 29; November 25 & 26. These clinics are funded by LifePath, the Executive Office of Elder Affairs, and the COA. Call Betty @413-624-3680 or Janice @413- 624-3378 to get a time slot. Suggested donation: $5 Our location is <u>downstairs</u> at the Town Hall. The bathroom is upstairs in case you need one. Remember the COA will only schedule an appointment for you every other month. **Please remember to let us know if you can't make it; maybe we can fill your appointment.**

<u>September 8:</u> (Rain date Sept 9) **Apple Day at Pine Hill Orchards.**
11 am -12:30 pm. COA will pay for one bag of apples per Colrain Senior household.

Ice Cream Afternoon at Hager's Market on the Trail in Shelburne.
Last chance for the season on <u>**Wednesday,**</u> September 10 at 2:00pm.

<u>September 17:</u> Lunch serving Colrain seniors only, at the Eagles, @12 noon. Coffee/cider & donuts at 11am. You must sign up by Sept. 3 by 5 pm to attend. No children, please. Call Elaine @ 413-624-3604 or Kathy @ 413-624-3351. Suggested donation $2 **
**Remember if you have signed up to attend a meal- please show up or if you find you cannot attend, call us to let us know as we might be able to fill the seat with someone else. We are required to pay for all meals reserved. <u>COA voted a new policy for absentee diners-if you do not come or let us know of your need to cancel 2 times, you lose your chance to attend.</u>

Franklin County Sheriff's Office Triad Division and Charlene Manor present the Annual Senior Vendor Expo Tuesday, September 23, 2025 from 10am-2pm Schuetzen Verein Grounds off Route 2, Gill, MA

Lunch and Tom & Steve Duo Lunch provided by FCSO Food Services

Free admission and parking

Save the Date!

ANNUAL SENIOR HEALTH & SAFETY EXPO September 23, 2025

<u>October 15:</u> Lunch serving Colrain seniors only, at the Eagles, @12 noon. Coffee/cider & donuts at 11am. You must sign up by Oct. 1 by 5 pm to attend. No children, please. Call Elaine @ 413-624-3604 or Kathy @ 413-624-3351. Suggested donation $2 **

<u>November 19:</u> Lunch serving Colrain seniors only, at the Eagles, @12 noon. Coffee/cider & donuts at 11am. You must sign up by Nov. 5 by 5 pm to attend. No children, please. Call Elaine @ 413-624-3604 or Kathy @ 413-624-3351. Suggested donation $2 **